

What can we do as a community to become more inclusive, increase resilience and reduce isolation?

Sandra Sankey from Dementia Matters in Powys will join us to tell us about her work using the Dutch model of 'Meeting Centres'. Sandra will present the value base and ethos of Meeting Centres, an approach that can be low cost, community orientated, inclusive and person centred.



7.00pm, Tuesday 26th February Herb Garden Café Free entry and refreshments All welcome