



 **THE FOOD ASSEMBLY**



The Food Assembly

The new way to buy local food

A Food Assembly brings together people to buy fresh food directly from local farmers and food makers. It gives power back to local producers, brings communities together and strengthens local economies.

Hazel Ings started the Golden Valley Food Assembly in September last year and they already have over 300 members and 11 local producers.

We invite you hear from Hazel how their Food Assembly was set up and the benefits it brings to producers and members.



www.TransitionLlandrindod.org.uk

7.00pm, Tuesday 28th February
Herb Garden Community Café
Free entry and refreshments
All welcome