



In Our Hands *Seeding Change*

The inspiring story behind the blood, sweat and tears of the farmers seizing the Brexit moment to outgrow the industrial food system.

In 67 minutes, this film follows a group of different farmers and food producers over one year (2016), to observe their stories of success and the challenges they have faced.

Join us for a film screening and a discussion of the issues facing our food and farming systems here in Wales.



www.TransitionLlandrindod.org.uk

7.00pm, Tuesday 24th April
Herb Garden Café
Free entry and refreshments
All welcome